



# Prevention Across The Lifespan

**March 19, 2024**  
**9:00am – 4:15 pm EST**  
**Virtual via MS Teams**

## CONFERENCE AGENDA

- |                |   |              |  |
|----------------|---|--------------|--|
| 9:00-9:05 am   | <b>Welcome &amp; Overview</b><br><i>Andrea Agboka, MPH, RN</i><br>Chair, Public Health Nursing Section, MPHA  | 1:45-2:15 pm | <b>Nurse-Family Partnership PHN Voices From the Field: Discussion of NFP Programs Implemented in Select Areas of Michigan</b><br><i>Tiffany Kostelec, MA</i><br>Manager, Home Visiting Section<br>Michigan Dept Health & Human Services  |
| 9:05-9:15 am   | <b>Mantra Meditation</b><br><i>Judi Fouladbakhsh, PhD, RN, PHCNS-BC, AHN-BC, CHTP</i>   |              |  |
| 9:15-10:15 am  | <b>Keynote Address: Applying Health Behavior Theories Across the Lifespan to Advance Research and Practice</b><br><i>Karen Glanz, PhD, MPH</i><br><i>George A. Weiss University Professor</i><br>University of Pennsylvania   |              | <i>Khalia Hill, MPH, BSN, RN, CLS</i><br>Public Health Nurse, Nurse-Family Partnership, Oakland County Health Division<br><br><i>Becky Doucette, BSN, RN</i><br>Public Health Nurse, Nurse-Family Partnership, Kent County Health Department<br><br><i>Madelyn Olson, MSN, RN</i><br>Public Health Nurse Supervisor, Nurse-Family Partnership Coordinator<br>Kent County Health Department |
| 10:15-10:30 am | <b>Break</b>  |              |  |
| 10:30-11:30 am | <b>Promoting Healthy Lifestyles Among Young Adolescents</b><br><i>Lorraine Robbins, PhD, RN</i><br>Professor & PhD Program Coordinator,<br>Michigan State University, College of Nursing  |              |  |
| 11:30-12:15 pm | <b>PHN Section Annual Report<br/>PHN Section Awards<br/>Student Presentations</b><br><i>Andrea Agboka, MPH, RN</i><br>Chair, Public Health Nursing Section, MPHA  | 2:15-3:00 pm | <b>School Nurses: What's Best for Kids</b><br><i>Hendrina Cupery, MSN, RN, NCSN</i><br><i>Rachel Van Den Brink, MSN, RN</i><br>Michigan Association of School Nurses   |
| 12:15-12:45 pm | Lunch - on your own   | 3:00-3:15    | <b>Break</b>   |
| 12:45-1:45 pm  | <b>Keynote Address: Improving the Life Chances of Mothers and Children in Need with Home-Visiting by Nurses</b><br><i>David Olds, PhD</i><br>Professor of Pediatrics, Nursing, and Public Health, Director of the Prevention Research Center for Family and Child Health,<br>University of Colorado Anschutz Medical Campus | 3:15-4:00 pm | <b>Physical Activity Across the Lifespan and Areas of the Brain Related to Dementia</b><br><i>Elisa Torres, PhD, RN</i><br>Associate Professor, College of Nursing,<br>Wayne State University  |
|                |   | 4:00-4:15 pm | <b>Evaluation-Completed online with supplied link</b><br><i>Larissa Miller, PhD, RN, NPD-BC, CNE, CNS</i><br>Michigan State University<br>College of Nursing   |



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## REGISTRATION

Cost: \$50.00 MPHA members; \$80.00 non-MPHA members; \$10.00 Pre-licensure students

You may register in one of two ways: (1) Send a check to Crystal Hepburn at address below **OR** (2) through **PayPal via the following link: paypal.com and account: CrystalHepburnRN@gmail.com**

(You must establish a PayPal account to send money via this route. The MS Teams link will be sent to this email address.)

NAME \_\_\_\_\_

EMAIL \_\_\_\_\_

Send check to Crystal Hepburn payable to MPHA-PHN section. Checks must be received by **March 13, 2024**

P.O. Box 44022

Detroit, MI 48244

*MS Teams Link will be sent out March 15, 2023 (Please do NOT share this link)*  
Contact person: Joan Bickes [jbickes@wayne.edu](mailto:jbickes@wayne.edu) 248-762-0546

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### 2024 Program Committee

Belinda Aberle, MSN, RN, APHN-BC  
Member, PHN Section Executive Committee

Naomi E. Ervin, PhD, RN, PHCNS-BC-Retired, FNAP, FAAN  
Member, PHN Section Nominating Committee  
Chair, MPHA Bylaws Committee

Lynn McDaniels, MSN, RN, PHCNS-BC-Retired  
Secretary, MPHA PHN Section

Pamela Anzick, MSN, RN, IBCLC, RLC  
Past Chair, MPHA PHN Section

Crystal Hepburn, BSN, RN, CCM  
Treasurer, MPHA PHN Section

Larissa Miller, PhD, RN, NPD-BC, CNE, CNS  
Coordinator, Professional Programs, College of  
Nursing, Michigan State University

Joan Bickes, RN, DNP, PHCNS-BC-Retired  
Chair, MPHA PHN Section Program Committee

Michelle Klein, MA, BSN, RN, PHC  
Member, PHN Section Nominating Committee

David Roth, DrPH, BSN, RN  
Member, PHN Section Executive Committee

Judi Fouladbakhsh, PhD, RN, PHCNS-BC, AHN-BC, CHTP

## Continuing Education Information

**Contact hours:** Provided by Michigan State University College of Nursing. Participants attending the workshop sessions and completing the post session evaluation will receive up to **5.2 continuing education contact hours**.

**Learning outcome:** At the completion of this session, 80% of participants will be able to state an example of increased knowledge of each session's topic.

Michigan State University College of Nursing is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MSU College of Nursing  
Professional Development and Continuing Education  
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<https://nursing.msu.edu/> [CON.Nurse.CE@msu.edu](mailto:CON.Nurse.CE@msu.edu)

## Content Description:

This conference will provide participants with strategies for interacting with clients at several life stages to incorporate health promotion and disease prevention concepts into their daily health routine.

## NFP Panel

Discussion of NFP Programs implemented in select areas of Michigan.

## Target Audience:

The program content is intended to inform public health nurses and all healthcare providers in various settings, disciplines, and contexts.

